

WIN ABC

Women's Information Network

Summer 2002

Issue 1, Volume V

Free and Low-Cost Screening and Treatment Programs



WIN ABC is proud to have been an integral part of the ongoing efforts to create and sustain the first treatment program in the US for indigent and underserved breast cancer patients.

There are programs available to help individuals who qualify to be screened and treated for breast and/or cervical cancer.

The National Breast and Cervical Cancer Early Detection Program (NBCCEDP), which is administered by the Centers for Disease Control and Prevention (CDC), provides free breast and cervical cancer screening and follow-up diagnostic services to women in need, such as those who are uninsured or have low income.

You can find out where you can get a **free or low-cost mammogram and Pap test** through the internet at <http://www.cdc.gov/cancer/nbccedp/index.htm> or by calling **1-888-842-6355**.

The Breast and Cervical Cancer Prevention and Treatment Act of 2000 (Public Law 106-354) gave each state the option to provide medical assistance through Medicaid to eligible women who were screened for and found to have breast or cervical cancer, including pre-cancerous conditions, through the **NBCCEDP**.

For California residents, individuals who do not qualify for the federal program will qualify under the new state program. For screening programs you may log on to <http://www.dhs.cahwnet.gov/cancerdetection/> or call

1-800-511-2300 Monday - Friday from 9 AM to 7 PM. Information is available in English, Spanish, Mandarin, Cantonese, Korean, and Vietnamese. If you qualify, you will be referred to participating doctors in your neighborhood.

If you are diagnosed with breast and/or cervical cancer, free treatment is available through Medi-Cal to all Californians who qualify. You may qualify even if you have been turned down for Medi-Cal in the past. There are no citizenship requirements. You need only

National Cancer Act 2002

Surrounded by a host of cancer survivors, research advocates and lawmakers, WIN ABC and a group of its youngest volunteers from Jones Elementary School in Severna Park, Maryland, joined United States Senator Dianne Feinstein as she unveiled legislation to create a new comprehensive national battle plan to modernize and re-energize the nation's war on cancer.

The goal of the Feinstein legislation is to transform cancer into a fully treatable disease 100 percent of the time.

"This important legislation will form our new battle plan to fight cancer and help us find a cure," Senator Feinstein said. "The measure will: improve basic cancer research; create incentives for the transformation of that research into new, effective treatments; and prevent cancer when possible and improve the quality of care to patients."

The **National Cancer Act of 2002** would:

- ⊗ Increase the percentage of National Cancer Institute research grants approved from 28 percent up to 40 percent over 5 years.

- ⊗ Provide \$100 million a year for 5 years in grants and other incentives to take that basic research from the laboratory and bring it into hospital rooms and clinics.

- ⊗ Increase the number of cancer researchers.

- ⊗ Encourage Production of "Orphan Drugs."

- ⊗ Provide patients with a "Cancer Quarterback."



Senator Feinstein with members of WIN ABC volunteers from Girl Scout Troop 1115 from Severna Park, Maryland

Staff

Elizabeth "Betsy" Mullen
President/CEO

Shelly Blechman
Program Director

Renée D. Gaines
Director of Community Outreach and Public Relations

Lincy Machorro
Program Coordinator

www.winabc.org

Board of Directors

Gary E. Erickson
Chair

Bradford Edgerton, MD

Sharon Goldsmith, RN, MS

Scott Karlan, MD, FACS

Carol Mechanic

Carol Scott, JD, MPH

Vladimir Lange, MD

"There is a loftier ambition than merely to stand high in the world. It is to stoop down and lift mankind a little higher."
--Henry Van Dyke

Special Consultant

Walch Consulting
Strategic Planners



Angel Donations

Lillian & Cliff Bauer
Jacqueline Blais
Deborah Lindsey
Maureen MacConnell
Carol McGlone
Marjorie Miller
Patricia Myers
Myra Stern
Andrew Venegas

In Memory Of

Joy Burton
 From Susan Raney

Sue Morguelan
 From Mona De Sure

Madeline Miller
 From Phyllis Abrams
 Judy Anderson
 Teresa, Rick & Ashley Bergeron
 Douglas Creek & Family
 Angela Flores
 Renée & Larry Gaines
 Selma Gaines
 Paula & Charles Goedecke
 Gary Hildabrand
 Laverne & Ronnie Monahan
 Karen & Steven Mozer
 Raquel Mullins
 RD Olsen Construction
 Ruth & Carl Seedburg
 Pat Sommers
 Debbie & Mike Warner
 June Warner
 Mary Ann & Harold Whitford

Francis Wallace Robinson
 From Ann Marie

Revlon Run/Walk for Women What a Glorious Day!



Members of WIN ABC TEAM 112 !

It was 5:30 in the morning, even though it was dark and not everyone was awake; 100 out of the total team of over 200 members of **WIN ABC TEAM 112** met at WIN ABC's office to participate in the *Ninth Annual Revlon Run/Walk for Women* in Los Angeles, California. Our two busses, donated by Supervisor Michael Antonovich, were packed full as we left from Covina. **TEAM WIN ABC** joined together on a mission: to help eradicate breast and ovarian cancer!

Over 65,000 women, men and children came to the Los Angeles Memorial Coliseum to support the Ninth Annual Revlon Run/Walk for Women. No matter how many times one attends this event, it never ceases to amaze us what a tremendous impact this event has on those who participate in this event.

The WIN ABC Booth was busy with visitors and volunteers who gave of themselves to help answer questions from survivors, their friends and families.

WIN ABC is a proud beneficiary of the **REVLON** Run/Walk and receives funding for its programs and services through the money raised from the day's event. Each beneficiary is funded proportionately to the size of its team and the amount of money raised as a team. Your ongoing participation and support is much appreciated and



WIN ABC staff, volunteers and more team members.



Audrey Hepburn's 10 Beauty Tips

Audrey Hepburn graced the screen for years. Her beauty was breathtaking. She had such elegance and every woman dreamed of being like her. Her greatest beauty came from her love of people and wanting to make the world in which she lived a better place. Ms. Hepburn was a true philanthropist and dedicated her life off the screen to a worldwide quest for peace.

When asked for beauty tips, Audrey Hepburn gave ten:

1. For attractive lips- *speak words of kindness.*
2. For lovely eyes- *seek the good in others.*
3. For a slim figure- *share your food with the hungry.*
4. For beautiful hair- *try letting a child run his or her fingers through it once a day.*
5. For poise- *walk with the knowledge that you never walk alone.*
6. People, even more than things, need to be restored, revived, reclaimed and redeemed. Never throw anyone out.

Foundation

Grants

7. Remember, if you ever need a helping hand, you will find them at the end of each of your arms. As you grow older, you will discover that you have two hands. One is for helping yourself and the other for helping others.

8. The beauty of a woman is not in the clothes that she wears, the figure that she carries or the way she combs her hair. The beauty of a woman must be seen in her eyes because that is the doorway to her heart, the place where love resides.



Volunteers of the Quar-

The lifeblood of our organization is our volunteers. WIN ABC would like to thank the following individuals who dedicated themselves unselfishly so that we may achieve our goals.

Adam Blechman	Lorie Goodell
Robbie Blechman	Debbie Grant
Nancy Corti	Lauren Maiman
Virgie Dahlder	Ken Mullen
Diamond Bar Rainbow Girls	Peggy Mullen
Jane Fisher	Rialto Rainbow Girls
Shelly Friedman	Debbie Rosenthal
Fontana Rainbow Girls	Marilyn Steinman
Desirée Gaines	Myra Stern

"I am a recipient of unconditional love,

I am a volunteer."

-Shantona McBride

Volunteer Recognition Luncheon

RECIPE

- 54 Volunteers—All ready with smiles and hugs
 - 1 Video Guy-To record the day's special moments
 - 1 Dedicated Cook—Providing nourishment and tasty food
 - 4 Dedicated Staff Members—Bundled with energy and passion
 - A Beautiful Room —All decorated and shining with gold and silver
 - 12 Diamond Bar Rainbow Girl Volunteers— To hostess and serve with grace
- MIX TOGETHER WELL AND WATCH WHAT HAPPENS....MAGIC!**

This is the perfect recipe for a great event. WIN ABC was proud to host its first Volunteer Recognition Luncheon on April 27, 2002 at the Covina Masonic Center. The guests were our dedicated volunteers who help to make the lives of those faced with cancer just a little better and brighter. We had Breast Buddy Peer Support Volunteers, Office Volunteers, Special Event Volunteers and, of course, our Youth Volunteers. All arrived with great anticipation of a wonderful day. No one was disappointed! The luncheon featured remarks from our President/CEO, Betsy Mullen, our Program Director, Shelly Blechman and our certificate presentors, staff members, Renée Gaines and Lincy Machorro.

Our honored guests enjoyed meeting one another and catching up with old friends whom they had not seen in awhile. There was plenty of laughter, a few tears of joy and, of course, the opportunity to recognize WIN ABC's valued volunteers for everything that they do all year long. Each attendee was presented with a beautiful certificate of appreciation and a newly designed WIN ABC pink ribbon butterfly pin.

The luncheon was made possible through generous donations from; Trader Joe's, Albertson's Grocery Store, Covina Garden Center, Ralph's Grocery Store, Longs Drug Stores, Von's Grocery Store and the



LtoR: Volunteers Antoinette Rowland and GeeGee Crews sign-in.



LtoR: Betsy Mullen, Pam Cornell, Kelsey Cornell, Paige Cornell, Patty Mullen, Pat Allen and Rosalba Andrade



WIN ABC Staff LtoR: Betsy Mullen, Shelly Blechman, Renée Gaines and Lincy Machorro



LtoR: Shelly Blechman, Bettye Small, Penny Sonenberg, Sally Von Stetten, Carmen Sandoval, Nancy Walch and Betsy Mullen.



LtoR: Kirsten Fountaine, Betsy Mullen, Jane Fisher, Noralie Clinton, Margarita Ductoc, Sheila Criegler, GeeGee Crews and Lincy Machorro



LtoR: Renée Gaines, Elise Rose, Antoinette Roland, Denise Maciel, Betsy Mullen, Peggy Mullen, Jean Rogers and Anna Seils

In Honor Of

Carolyn Apolito
From Colleen Wilbur

Adam Blechman
From Shelly & Robbie Blechman
Stephanie & Ernie Davis
Jane Fisher
Joyce & Marty Schorr

Linda Blough
From Karen Fleisher

Sharon Goldsmith
From Bonnie Robinson

June Kaufman's Retirement
From Jane Fisher

Nancy Marcus' Birthday
From Jean Lamden

Betsy Mullen
From Afton Miller

Debbie Norris
Outstanding Alumnus Award
From Jane Fisher

Teresa Palomino
From Luz & Salvador Alfaro

Patricia & Erik Hinshaw
Teresa & Javier Palomino

Barbara Pizzica
From Susan Raney

In-Kind Donations

- Supervisor Michael T. Antonovich, Los Angeles County
- Albertson's Grocery Stores-Covina
- Covina Garden Center
- Covina Masonic Center
- The Davis Group
- Longs Drug Stores-Covina
- Patton's Office Furniture
- Ralph's Grocery Stores-Covina
- Trader Joe's-San Dimas
- Von's Grocery Stores-Covina



From our President/CEO:

Betsy Mullen



Corporate Donations

Avery Dennison
Goodell Management
Consulting

"I expect to pass through life but once. If, therefore, there can be any kindness I can show, or any good things I can do to any fellow human being, let me do it now, and not defer it or neglect it, as I shall not pass this way again."

--William Penn

Platinum Donors

Sharon



Dear Friends,

In the summertime, people's minds turn to thoughts of graduations, preparing for children going off to camp and long-needed vacations. There are weddings and baby showers to attend. These are certainly the special occasions that fill our lives and create wonderful memories.

At these times, it is difficult to turn our thoughts to more serious matters. Yet that is what WIN Against Breast Cancer does every day. Each new day brings calls and e-mails from newly diagnosed breast cancer patients and others seeking critical information and much needed answers. We continue to stay in touch with patients throughout their treatment and recovery as they have additional concerns that need to be addressed. We strive to help each person through this most challenging journey.

As a non-profit organization, WIN ABC has its own challenging journey. Costs continue to rise for the educational materials that we send free of charge to patients via Priority Mail. Postage costs have risen with priority postage rates having doubled since 1997. We continue to maintain the same high standard of service that our clients have come to expect while faced with the challenge of meeting these growing costs.

That is why we turn to our friends for donations to help us meet the growing demand for our services. As always, your generosity is most gratefully appreciated. Please use the enclosed envelope to remember or honor someone special.

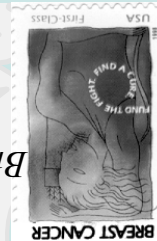
Fondly,

Betsy

Grants

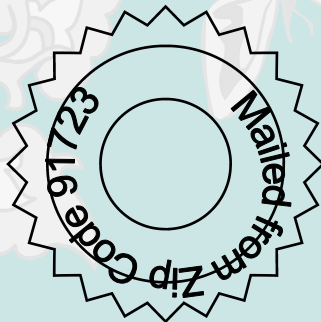
4

Breast Cancer Research Stamp Update
Now .45¢ at your local Post Office.
Over \$25 million raised since
1998 for the NIH and DoD.



"Fund the Fight."

536 S. Second Ave., Suite K
Covina, CA 91723-3043
Telephone: 626-332-2255
Fax: 626-332-2585
Toll-free 866 - 2 WIN ABC
(866-294-6222)
www.winabc.org
Email: mail@winabc.org



NONPROFIT
U.S. POSTAGE
PAID
PERMIT NO. 27
Covina, CA